

# You are not alone.

You don't need a bruise to be a victim.  
There is a way out of abusive relationships,  
we can help you find it.

**Take the step. Make the call.**

**1-406-222-8154**

24-hour support line

We are a caring and dedicated non-profit organization providing shelter, support, referrals, and advocacy to victims of domestic and sexual violence and human trafficking. ASPEN serves Park, Sweet Grass, and Meagher counties of Montana.

*We are here to help.*

  
ASPEN

Abuse Support & Prevention  
Education Network

